

# Quick Guide

## Trail



Ordnance  
Survey

### Data Page (1/4)

Trip Odometer (mi)

**2.3**

Distance to dest (mi)

**1.74**

Asc. Dest. (mi)

**0.73**

Speed (Km/h)

**5.2**

Trip Ascent (ft)

**3.2**

Data Field Name

**0**

# Device layout

## Lock button :

Short press: Lock GPS /  
Unlock GPS

## Map:

Press on the map to  
activate the tools

## Main menu:

Manage files and settings  
on your device

## Activity control:

Start, pause and finish an  
activity.

## Page button:

Short press: Show next data page  
Long press: Show main menu

## Back button:

Short press: 'Back' in menus/ 'Re-centre' in map  
Long press: Show map



## Status menu:

Press to check the status  
of the most frequently  
used features (sensors,  
GPS...)

## Power button:

Long press: Turn GPS on /  
Turn GPS off

## Zoom:

Press + to zoom in and – to  
zoom out of the map

## Data bar:

Press to access the data  
pages

## Contextual menu:

Press to access options  
available for the current  
page

## ZOOM+ key:

Zoom in map

## ZOOM- key:

Zoom out map

## Joystick:

Move: Move map / menu  
Short press: Press to select



1



2

## Get Started

Before you turn on your Trail\* you'll need to register it with an **OS Shop** account.

To register your device go to:

**[os.uk/gpssetup](https://os.uk/gpssetup)**

*\*Your device may need charging before you start. Using the charger inside your box, plug it into the mains and if a battery with a lightning bolt appears, leave it to charge.*

To complete the registration process you'll need to input your devices **Serial Number (S/N)**.

To find your **S/N** you'll need to:

1. Turn your device over so you can see the back.
2. Find your S/N on the sticker at the bottom.

Once you've registered your GPS you'll be sent a confirmation email from TwoNav, which will include your username and password to set up SeeMe and GO.



3

Now you've registered your Trail, you'll be able to get your **6** free map tiles and buy any additional ones via **My OS GPS**, under your **OS Shop** account.

To get tiles click on the **Buy Maps** tab, select between 1:25k and 1:50k scales, drag your mouse around the map and select the tiles you want, click **Confirm list selection** then **Proceed to checkout**.

Follow the on-screen instructions and once your transaction is completed, click on the **head here to install it on your device** link and you'll be redirected back to **My OS GPS**.



4

To get your map tiles onto your device you'll need to download them.

To do this click on the **Maps ready to download** tab under **My OS GPS**.

**Connect your device to your computer** using the **USB cable** inside your box.

Click on the **Download** button next to your map tile(s) and follow the on-screen instructions\*.

*\*when downloading map tiles for the first time, you'll need to download the downloader onto your computer.*

# 5

Now that you've registered your Trail and downloaded your map tiles, you're ready to turn it on.

Disconnect your USB cable, then **press down on the Power button to turn your device on.**

Once turned on make sure you connect your GPS to **Wi-Fi** and download and install the **latest software updates**.

You may want to adjust the screen brightness when turning your device on for the first time, by pressing **Status menu > Brightness**.

# 6

It's important that you have a good GPS signal before you start.

Stand outside in an open area to connect to as many satellites as possible – check the status by pressing **Status menu > GPS > Status = GPS Fixed**.

When the connection is ready, the  icon will turn blue at the top of the home screen.

On setup you may also need to calibrate the compass and barometer. **Press Menu > Settings > System > Calibration > Follow the on-screen instructions.**

## Start an activity

From the home screen, press on the **Start** button to see a list of all activities, then select the one you want to do. Activities include:

# Get Going

Now that you've registered and set up your device, you're ready to get outdoors and go on an adventure.

Your Trail will give you the freedom to go further, with a number of fantastic features to help you explore!

**Free Activity:** Your GPS will record your routes and waypoints.

**Follow a Route / Activity:** Follow routes you've downloaded to your device from OS Maps or Strava™, or follow a previous activity you've done.

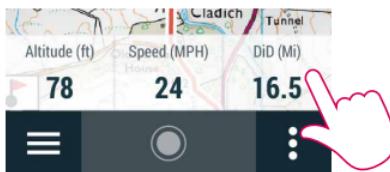
**TrackAttack:** Train against yourself by going up against your previous efforts.

**Training by Distance / Time:** Get the most out of every activity, by training against distance or time.

## Track your data

Your Trail tracks route and activity data in real-time and can track more than 120 different pieces of data.

To view your data in real-time, press on the **data fields** at the bottom of your map, then use the arrows to scroll between the pages.



## View your activities, routes and waypoints

All of your activities, routes and maps are saved onto your GPS, where you can access them whenever you want.

On the home screen press the  button to bring up the menu, where you can access your saved data and device settings.

To view your activity data, press on **My Activities**, choose the activity you want to look at and scroll though the information.



## GetOutside

Now that you've gotten to grips with your Trail,  
you're ready to go.

If you need inspiration for your next adventure,  
head over to:

[GetOutside.uk](http://GetOutside.uk)

## Bundled Extras

Your Trail comes with bundled extras including SeeMe and OS Maps Digital - set them up now to get the most out of your device.

## SeeMe – location sharing

Your device comes with a 6-month free subscription to SeeMe. Use SeeMe to broadcast your location with friends and family in real-time and send your emergency contacts your exact location should you get into trouble.

To set up SeeMe, log in to your **OS Shop account**, click **My OS GPS**, then under **My devices** click the **Go to SeeMe** button, then the **Get started now** button – to log in you'll need to use the login details sent to you by email from TwoNav, when you first registered your GPS.

Before starting an adventure you'll need to make sure SeeMe is activated on your device. Press on the **Status menu**, scroll down and check the **Broadcast** icon is blue and says **Active** and the **Emergency** icon is blue and says **Ready**.

## OS Maps – sync your routes

Redeem your free 3-year subscription to OS Maps using the voucher code inside your box. Use OS Maps to find, plot and sync routes to your GPS - to access routes on your device, you'll need to:

1. Ensure Wi-Fi is on and connected.
2. Go to **Settings** > **My Accounts** > **Add New Account** > **Ordnance Survey user**, then enter your OS Maps username (email) and password.
3. To see your routes, press **Menu** > **Routes** >  > **Online Routes** > **Ordnance Survey** folder, where you will be able to see your routes – this may take a couple of minutes the first time.
4. To save your routes offline, press on them and they will download to your device where they will be marked with a tick.
5. Your routes will now appear under **Routes** in the main menu.

## Get started with GO

### Sync your activities with GO and Strava™

Use the GO Cloud to sync your routes and data with GO (by TwoNav), to manage your activities on your computer.

Link the same data to Strava and share your achievements with others.

The GO Cloud is your very own virtual storage space that automatically syncs and saves your activities to GO (whenever your GPS is connected to Wi-Fi), so that you can view them on your computer through GO and manage your data, routes and achievements.

To get started, you'll need to first log in to GO. Visit [www.go.twonav.com](http://www.go.twonav.com) and use the login details sent to you by TwoNav via email, when you first registered your Trail (these are the same login details used to set up SeeMe).

To set your device up with the GO Cloud, connect to Wi-Fi then press  > **Settings** > **My Accounts** > **Add New Account** > **TwoNav User** > **Log in** > then enter the same login details you used to access GO.

## Sync with Strava™

Once connected to the GO Cloud (see previous page), you'll be able to sync your data with Strava™ and upload new activities to the largest online community for cyclists, runners and athletes.

To connect your GO Cloud with Strava™ **log in to GO** – [www.go.twonav.com](http://www.go.twonav.com) – **click on your username** in the top right corner, **click Settings** and then **Connect** to Strava™.

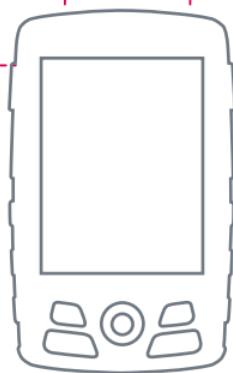
As soon as the accounts are linked, any new activities will automatically be uploaded to Strava™, as soon as they are synced with the GO Cloud.

## Accessories

Get accessories to track your performance and protect your GPS.

Connect additional sensors to your device using Ant+™ and Bluetooth® Smart, to get more insight from your activities and track performance.

Heart Rate Cadence Power Speed



## Warranty & Support

To see all OS accessories for your device, go to  
[os.uk/gpsaccessories](http://os.uk/gpsaccessories)

Thank you for purchasing your Trail from Ordnance Survey. Now that you've completed your set up, you're ready to start your adventures with the freedom to go further.

For a full set of instructions, or if you've encountered any problems setting up your Trail, the following support is available:

Full manual (PDF download)

[os.uk/gpssupport](http://os.uk/gpssupport)

'How to' videos (YouTube)

[os.uk/gpssupport](http://os.uk/gpssupport)

FAQs

[os.uk/gpssupport](http://os.uk/gpssupport)

Ordnance Survey Customer Service Centre:

Phone

[03454 560420](tel:03454560420)

Email

[customerservices@osleisure.uk](mailto:customerservices@osleisure.uk)

Your Trail comes with a 24 months manufacturer's warranty provided by COMPEGPS TEAM SL. For information about your warranty please visit our website:

[os.uk/gpssupport](http://os.uk/gpssupport)

## My notes:

---

---

---

---

---

---

---

---

---

## My notes:

## My notes:



Ordnance Survey

Manufactured by:  
COMPEGPS TEAM SL  
Made in Spain

Powered by  
**TwoNav**